

BLENDS VITALITY BAR

Performance Hydration.
 Built for Consistency. Designed for Recovery.

GLOW FUEL

Performance Hydration

Bright Side

lemon, pineapple, lemon balm,
 honey, himalayan sea salt

Glow

watermelon, lemon, mint, honey,
 himalayan sea salt

Summer Isle

strawberries, lemon, basil,
 honey, himalayan sea salt

Harbor Blue

Lemon, butterfly pea, blueberry,
 lavender, honey, himalayan sea salt

VITAL CONCENTRATIONS

Modern Performance Apothecary

Spiced Apple Ember

apple, cinnamon, clove

Lavender Bee Calm

lavender, butterfly pea, blueberry,
 lemon, bee pollen, honeycomb

Vital Green

wheatgrass, parsley, lemon

First Light

lemon, orange, clove, coconut water

FRESH JUICE

Build Your Own – Choose 3 Ingredients

Apple	Blueberry	Parsley	Ginger
Orange	Pear	Celery	Turmeric
Pineapple	Watermelon	Cucumber	Lemon
Mango	Spinach	Carrot	Mint
Strawberry	Kale	Beet	Basil

PERFORMANCE SMOOTHIES

Smoothies formulated to support your foundation, energy, & recovery
 Choice of Protein included: Vanilla or Chocolate



Mineral Lift

choice of protein, kale, banana,
 belgian dark chocolate, chia, cacao,
 himalayan sea salt



Blueberry Crumble

choice of protein, blueberry,
 cinnamon, dates, flax



Green Strength

choice of protein, spinach,
 banana, chia



Peanut Butter Dream

choice of protein, banana,
 belgian dark chocolate, PB2



Power Boost

choice of protein, banana, coconut,
 cinnamon, flax, almonds



Strawberry Heaven

choice of protein, strawberry, banana



PB & J

choice of protein, PB2,
 strawberry, banana



Chocolate Covered Cherries

choice of protein, dark cherry,
 belgian dark chocolate, cacao, yogurt



Cookies & Caffeine

choice of protein, espresso,
 banana, cacao, biscoff



Island Glow

choice of protein, pineapple, mango,
 banana, coconut, guava



Sweet Sunrise

choice of protein, banana,
 orange, carrot



Matcha Flow

choice of protein, matcha,
 banana, oat

FOUNDATION



ENERGY



RECOVERY



AÇAÍ BOWLS

Blended açai. Finished with clean, simple toppings.

Açai Coconut Bowl

açai, coconut, granola, strawberry, banana, blueberry, honey

Blend Your Bowl

Blend any acai bowl into a
 drinkable protein shake!

REFINE YOUR BLEND

Customize your performance.

Add-Ins

Banana	Spinach	Oats	Almonds	Belgian Dark Chocolate
Strawberry	Kale	Coconut	Cinnamon	Flax
Blueberry	Carrot	Avocado	Himalayan Sea Salt	Pecans
Mango	Beet	Açaí	Bee Pollen	Walnuts
Pineapple	Ginger	Yogurt	Honey	
Guava	Granola	Chia		

Base Options

Almond Oat Coconut

Protein Options

Plant-Based High-Calorie PB2

Nut Butters

Almond Butter Cashew Butter Roasted Peanut Butter Peanut Butter

Performance

Creatine Glutamine Collagen Matcha

